

School Health Advisory Council

Meeting Agenda

January 24, 2019

2:30 PM – Administration Building

- I. Triennial Evaluation of Wellness Plan
Minutes: The council conducted a triennial evaluation of the Wellness Plan. Results of the evaluation will be posted on the District's website. The next triennial evaluation will be conducted in the Spring of 2022.
- II. Review and Revise Wellness Policy and Plan
Minutes: The committee reviewed the current Wellness Policy and Plan. Revisions and additions were recommended for board approval.
- III. District Health and Wellness Activities
Minutes: The council discussed health and wellness activities for the 2018-2019 school year. (Keith Deltano, "Hidden in Plain Sight, etc.)
- IV. Written Report for School Board
Minutes: The council reviewed a written letter addressed to the Sterling City ISD School Board on behalf of the SHAC summarizing the Council's goal and activities for the 2018-2019 school year.
- V. Preliminary Planning for the 2019 – 2020 School Year
Minutes: The current Council members expressed an interest in serving on the SHAC next year. The Council discussed brainstorming ideas to support Red Ribbon Week next year.

Members Present: Alice Woods, Ashley Glass, Cody Madrid, Brooke Conner, Carol Spindler, and Michele Guetersloh

Member(s) Absent: Stephanie Stafford