

School Health Advisory Committee

Meeting Agenda

October 10, 2017

- I. Purpose of S.H.A.C
Minutes: (handout) An overview of the S.H.A.C.'s purpose, membership, and responsibilities were discussed. The committee welcomed Mrs. Sparks as a community volunteer to assist with input and revisions to the Wellness Plan and Policy.

- II. Elect Chair/Co-Chair
Minutes: Mrs. Woods will serve as the S.H.A.C. chairperson.

- III. Introduce Wellness Plan and Wellness Policy
Minutes: (handouts) The Wellness Plan and Wellness Policy were distributed. The committee will discuss recommendations for possible changes and additions later in the year at a spring meeting.

- IV. Determine Wellness Goal and Discuss Activities for 2017-2018 School Year
Minutes: (handout) The committee discussed the topics of health curriculum, personal hygiene, and drug/alcohol awareness as possible goals to adopt for the 2017-2018 school year. The committee determined to focus on drug and alcohol use awareness and prevention. The committee discussed finding drug and alcohol awareness posters to display on the campuses. Mrs. Stafford will look for posters to purchase. Mrs. Sparks and Mrs. Guetersloh will work on finding handouts, information, etc. for the committee to give to parents and students at the annual Turkey Trot. Mrs. Guetersloh will also look into finding a "Hidden in Plain Sight" simulation. The committee discussed reviewing the District's drug testing policy. The policy will be made available at the next meeting.

- V. Upcoming Health/Physical Fitness Events
Minutes: Mrs. Guetersloh informed the committee of upcoming events (October 24th – Alcohol Assembly; October 26th – Rock Hounds Assembly). Mrs. Stafford reported these events were scheduled as part of Red Ribbon Week.

- VI. Schedule Next Meeting
Minutes: The next meeting was scheduled for Thursday, November 9, 2017 at 2:30 pm.

Members Present: Mrs. Woods, Mrs. Glass, Mrs. Stafford, Mr. Madrid, Mrs. Sparks, and Mrs. Guetersloh.

Member(s) Absent: Mrs. Franco.