

School Health Advisory Council

Meeting Agenda

September 6, 2018

- I. Purpose of S.H.A.C.
Minutes: (handout) An overview of the S.H.A.C.'s purpose, membership, and responsibilities were discussed.

- II. Elect Chair/Co-Chair
Minutes: Mrs. Glass and Mrs. Woods will serve as Co-Chairs of the S.H.A.C.

- III. Introduce Wellness Plan and Wellness Policy
Minutes: (handouts) The Wellness Plan and Wellness Policy were distributed. The council will discuss recommendations for possible changes and additions at the spring meeting.

- IV. Determine Wellness Goal and Discuss Activities for 2018-2019 School Year
Minutes: (handout) The council reviewed a list of possible wellness goals to adopt for the 2018-2019 school year. The council decided to continue focusing on drug and alcohol prevention as adopted last year and bullying. The council plans to schedule a "Hidden in Plain Sight" simulation with the ADACCV. The council also discussed designating funds for Mrs. Stafford to purchase items for Red Ribbon Week. The council will meet in November to work on posters, etc. for the "Hidden in Plain Sight" simulation. The council discussed holding a random prize drawing for parents that attend the simulation as an effort to encourage parent participation.

- V. Upcoming Health/Physical Fitness Events
Minutes: Mrs. Stafford reported on Red Ribbon Week events (October 24th – October 31st) and informed the council she scheduled Keith Deltano as a Red Ribbon Speaker who will address drug and alcohol prevention and bullying. Mrs. Stafford has also scheduled the ADACCV to provide and teach the curriculum, Alcohol Use Prevention, this coming school year.

- VI. Schedule Next Meeting
Minutes: The next meeting was scheduled for Wednesday, November 7, 2018 at 2:00 pm.

Members Present: Mrs. Woods, Mrs. Glass, Mrs. Stafford, Mrs. Conner, Ms. Spindler, and Mrs. Guetersloh.

Member(s) Absent: Mr. Madrid