

School Health Advisory Council

Meeting Agenda

September 12, 2019

SCISD Boardroom

- I. Purpose of S.H.A.C.
Minutes: The Council discussed the purpose of the SHAC.

- II. Elect Chair/Co-Chair
Minutes: Ashley Glass and Alice Woods were elected as Co-Chairs of the SHAC.

- III. Wellness Plan and Wellness Policy
Minutes: The Council reviewed the Wellness Plan and Policy. The Plan was updated in the spring with the addition of goals.

- IV. Determine Wellness Goal and Discuss Activities for 2019-2020 School Year
Minutes: The SHAC's focus will be on Drug and Alcohol Awareness. The Council will discuss an activity at the next meeting. The Council plans to coordinate an activity, event, etc. for the spring.

- V. Upcoming Health and Wellness Events
Minutes: The Council was informed of health/wellness activities already planned for the school year:
"Box Out Bullying" – October 28th
Mental Health – October 8th
Turkey Trot – November 22nd
Family Fun Night – October 31st
Jingle Bell Run – December 7th

- VI. Schedule Next Meeting
Minutes: The Council will hold its second meeting in November.

Members Present: Ashley Glass, Alice Woods, Cody Madrid, Carol Spindler, Michele Guetersloh, and Stephanie Stafford.

Member(s) Absent: Brooke Conner