

School Health Advisory Council 2020-2021

Purpose

The local School Health Advisory Council (SHAC) assists the District in ensuring that local community values are reflected in the District's health education instruction.

(Policy BDF)

Members

The Board appoints at least 5 members to the SHAC. A majority of the members must be parents of students enrolled in the District and must not be employed by the District. One of those members shall serve as chair or co-chair of the SHAC.

(Policy BDF)

SHAC's Responsibilities

- consider issues relating to student physical activity, mental health, and fitness and make policy recommendations to increase physical activity, increase mental health awareness, and improve fitness among students
- submit a written report to the Board
- review and consider evidence-based strategies and techniques
- develop nutritional guidelines and wellness goals
- develop a wellness plan to implement the District's nutrition guidelines and wellness goals
- review and revise the wellness plan on a regular basis and recommend revisions when necessary (Policy BDF/FFA)